## seca 115

### Instructions for Use for Physicians and Assistants

from software version 1.4



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### **1. SYSTEM DESCRIPTION**

### 1.1 Congratulations!

With the seca **seca 115** PC software, you have acquired a product from the **seca 360**° system which will assist you with the analysis and interpretation of weight, height and bioimpedance measurements.

For more than 170 years, seca has used its experience in the service of health care and, as a market leader, it has always set standards in many countries of the world with innovative developments for weighing and measuring.

### 1.2 Intended use

The **seca 115** PC software is mainly used in hospitals, medical practices and inpatient care facilities in accordance with national regulations.

The **seca 115** PC software is for administering weight, height and bioimpedance measurements and for calculating automatically parameters which can be derived from these measurements, e.g. FMI (fat mass index). Results are displayed in graphical form and assist the attending physician with the following medical issues:

- monitoring growth processes and weight changes
- determining energy expenditure and energy reserves in order to assess weight changes and the course of diseases as well as to provide dietary advice
- estimating cardiometabolic risk
- assessing metabolic activity and the success of a training program, e.g. within the framework of rehabilitation or physiotherapy
- determining the fluid status of a patient and observing changes in fluids as the result of medical treatment.
- determining general state of health or, in the case of a previously-known disease, assessing its severity.

The seca 115 PC software is not diagnostic software.

### **1.3 Description of function**

Installation options	The <b>seca 115</b> PC software can be installed in the form of a client/server solution or a standalone solution.
	The <b>seca 115</b> PC software consists of the application software and a seca patient database, together with communication and evaluation modules.
	For client/server operation, the application software is installed on PC workstations (clients). The seca patient database and the communication and evaluation mod- ules are installed centrally on a server. All clients access the server and use the seca patient database and com- munication and evaluation modules there.
	For standalone operation, the application software, the seca patient database and the communication and evaluation modules are installed on the same PC workstation.
seca mBCA data transmission	seca medical Body Composition Analyzers (mBCAs) have an Ethernet interface and can communicate with the <b>seca 115</b> PC software in a network.
	The network connection allows a seca mBCA to use both the seca patient database and the special print function of the <b>seca 115</b> PC software.
	The special print function of the <b>seca 115</b> PC software makes it possible to start printing a results report directly on a seca mBCA.
	Alternatively to the Ethernet connection, seca mBCAs and the <b>seca 115</b> PC software can communicate wire- lessly via <b>seca 360°</b> technology. For this to happen, the <b>seca 360° wireless USB adapter 456</b> must be con- nected to a PC on which at least the <b>seca 115</b> applica- tion software is installed.

Transmission of data by seca scales and stadiometers	seca scales and stadiometers from the <b>seca 360°</b> system can communicate with one another wirelessly and transmit data to the <b>seca 115</b> PC software. For this to happen, the <b>seca 360° wireless USB adapter 456</b> must be connected to a PC on which at least the <b>seca 115</b> application software is installed.
	seca scales with an RS232 interface can transmit data to the PC software by wired connection.
Managing seca patient files	seca patient files can be created in the <b>seca 115</b> PC software or on a seca mBCA. seca patient files are saved in the seca patient database of the <b>seca 115</b> PC software. Alternatively, seca patient files can be saved on a USB memory stick. The USB memory stick has to be "initialized" for this purpose.
	"Initializing" is a <b>seca 115</b> PC software function. This function allows the administrator to create an empty seca patient database on a USB memory stick.
	seca patient files and seca patient databases contain exclusively data necessary for working with seca prod- ucts or determined using seca products. seca patient files can only be managed and edited using the <b>seca 115</b> PC software.
	The export and import functions of the <b>seca 115</b> PC software can be used for exchanging data with surgery and hospital information systems.
Recording weight and height	On scales and stadiometers from the <b>seca 360°</b> system and on seca scales with an RS232 interface, it is possible to start recording weight and height directly from the <b>seca 115</b> PC software.
	Measured results are sent from the <b>seca 360°</b> devices to the PC software. Alternatively, measured values can be entered manually in the <b>seca 115</b> PC software.
Determining body composition	Measurements with a seca mBCA (determines body composition by means of bioimpedance measurement) cannot be started from the <b>seca 115</b> PC software.
	The results of a bioimpedance measurement are assigned to a seca patient file directly on the seca mBCA. The seca patient file is transmitted to the seca patient database of the <b>seca 115</b> PC software.

The **seca 115** PC software can only administer bioimpedance measurements determined using a seca mBCA.

**Evaluation** Measured results are evaluated in graphical form based on scientifically-established formulas. In-house studies by seca established formulas for determining the parameters total body water (TBW), extracellular water (ECW), fat-free mass (FFM) and skeletal muscle mass (SMM) for arms, legs, torso and the whole body. In these studies, in-house reference values were determined for the following parameters to allow normal ranges to be shown: bioimpedance vector analysis (BIVA), mass indices (FMI, FMMI), phase angle (φ). Further information is available in the section entitled "Medical basis" from page 60.

Administration of user data

The following roles can be assigned to users of the **seca 115** PC software: physician, assistant or administrator. User accounts can only be set up or edited by an administrator. A user name and password are required for access to the **seca 115** PC software. If a user account is set up for the **seca 115** PC software, the **seca 115** PC software also generates a user PIN. The user PIN allows access from a seca mBCA to the seca patient database of the **seca 115** PC software.

Update of the PC software When the PC software is updated, the seca patient database and its contents are retained. The seca patient database is adapted to suit the new version of the PC software. After the update is complete, it will no longer be possible to access the seca patient database with older versions of the PC software.

#### Compatibility with seca measuring devices

Version 1.4 of the **seca 115** PC software is compatible only with seca mBCAs on which device software version 1.1 is installed. There is no downward compatibility with seca mBCAs on which older versions of the device software are installed. For a summary of technical modifications, see the section entitled "Technical modifications" on page 78.

The **seca 115** PC software has unlimited compatibility with scales and stadiometers from the **seca 360°** system and with seca scales with an RS232 interface.

### 1.4 User qualification

Installation and administration	The <b>seca 115</b> PC software may only be installed and administered by experienced administrators or hospital technicians.
Measuring mode	The <b>seca 115</b> PC software may only be used by persons with sufficient expertise.

### 2. SAFETY INFORMATION

### 2.1 Safety rules in the instructions for use



#### DANGER!

Identifies an exceptionally hazardous situation. If you fail to take note of this information, serious irreversible or fatal injury will result.



#### WARNING!

Identifies an exceptionally hazardous situation. If you fail to take note of this information, serious irreversible or fatal injury may result.



#### CAUTION!

Identifies a hazardous situation. If you fail to take note of this information, minor to moderate injury may result.

#### ATTENTION!

Identifies possibility of incorrect operation of the product. If you fail to take note of this information, the device may be damaged or the measured results may be incorrect.

#### NOTE:

Includes additional information about use of the product.

### 2.2 Basic safety information

#### Using the software

- Please take note of the information in these instructions for use.
- Keep the instructions for use and the declaration of conformity they include in a safe place. The instructions for use are a component of the PC software and must be available at all times.

- Only install the seca 115 PC software on PCs equipped with an antivirus program. Always keep your antivirus program up to date to protect your computer system from current and future malware. The seca 115 PC software is protected from manipulation and was checked for malware at the time the software was created.
- ► Use the seca 115 PC software only for the specified intended use.
- ► Use only seca mBCAs, scales and stadiometers in conjunction with the seca 115 PC software.
- ► Keep other electrical medical devices, e.g. high-frequency surgical devices, a minimum distance of approx. 1 meter away to prevent incorrect measurements or wireless transmission interference.
- ► Keep high-frequency devices such as cell phones and televisions, for example, a minimum distance of approx. 1 meter away to prevent incorrect measurements or wireless transmission interference.
- ► The actual transmission output of high-frequency equipment may require minimum distances of more than 1 meter. For details, go to www.seca.com.

#### Using measured results



#### WARNING! n Hazard to patient

seca 115 is not diagnostic software. The device assists the attending physician in producing a diagnosis.

- To produce an accurate diagnosis and instigate therapies, the attending physician must commission specific examinations and take account of their results in addition to using the seca 115 PC software.
- ► The responsibility for diagnoses and the therapies derived from them lies with the attending physician.



#### CAUTION! Hazard to patient

To prevent misinterpretations, measured results for medical purposes may only be displayed and used in SI units (weight: kilograms, height: meters). Some devices and this PC software,

too, have the option of displaying measured results in different units. This is purely an additional function.

- ► Only use measured results in SI units.
- ► The user takes sole responsibility for the use of measured results in non-SI units.

### ATTENTION!

#### Loss of data

- Before you save and re-use measured results in the seca 115 PC software (e.g. in a hospital information system), make sure that the measured values are plausible and that they correspond to the display on the measuring device.
- If measured values have been transmitted from the **seca 115** PC software to a hospital information system, make sure before re-use that the measured values are plausible and assigned to the correct patient.

### 3. OVERVIEW

### 3.1 seca patient list



No.	Control	Function		
1	File	The following functions can be accessed using this menu element: • CSV export • Exit		
2	Edit       The following functions can be accessed using this menu element (only with aseca patient file open):         • Cut       • Copy         • Paste       Also as a context menu - right-click			
3	Extras	The following functions can be accessed using this menu element: • References • User-specific modules • Measuring device administration		

No.	Control Function		
		The following functions can be accessed using this	
4		menu element:	
	?	<ul> <li>Product information</li> </ul>	
		<ul> <li>Instructions for Use</li> </ul>	
		<ul> <li>Administrator manual</li> </ul>	
		The following roles are provided:	
		Administrator	
5	Registered user	Physician	
Ŭ	[role]	Assistant	
		Changes can only be made by users with the	
		Administrator role.	
6	l og off	Open the login dialog (enter user name and	
Ŭ	209 011	password) to log in another user	
7	new	Create a new seca patient file in the main patient list	
8	open	Open a seca patient file in the main patient list	
٩	Column sorting	<ul> <li>Up arrow: sort from A - Z</li> </ul>	
3	Oolumnin Sonting	<ul> <li>Down arrow: sort from Z - A</li> </ul>	
10	send to mBCA	Send seca patient file to a seca mBCA	
11	Main patient list	Displays seca patient files:	
		<ul> <li>data entered in the main patient list</li> </ul>	
		<ul> <li>data imported from the USB memory stick</li> </ul>	
	Search window	Search for seca patient files in the main patient list.	
12		<ul> <li>"Asterisk search" - e.g. "Mi*" to find Miller</li> </ul>	
		<ul> <li>Back to the complete list with empty search</li> </ul>	
		<ul> <li>Activates a seca patient file.</li> </ul>	
13	Checkbox	<ul> <li>Clicking buttons in the seca patient list affects all</li> </ul>	
		"activated" seca patient files.	
		Indicates which seca patient file is currently selected.	
14	Selection bar	Clicking buttons has no effect on the selected file (cf.	
		"Checkbox")	
15	copy to USB stick	Copy seca patient files selected in the main patient	
		list to a USB memory stick, e.g. for use on an mBCA	
10		Delete "activated" seca patient file	
16	delete	(seca patient file can be restored by users with the	
		Administrator role)	
		<ul> <li>Select all seca patient files in the main patient list in ander to correct out actions for all</li> </ul>	
17	select all	Order to carry out actions for all     Desclose all access patient files in the main patient list if	
17	deselect all	Deselect all seca patient lies in the main patient list if     action for all box boxn patriad out or if no action is to	
		be carried out	
		Diaplays soos patient files sound on a LISP memory	
	Patient list on USB memory stick	Displays seea patient lifes saved on a USD memory	
18		such     seca patient files conied from the main patient list	
		<ul> <li>seea patient files powly created on an mPCA</li> </ul>	

No.	Control	Function
19	Show/hide patient list from the USB memory stick	<ul> <li>seca patient list on the USB memory stick is automatically shown at system start</li> <li>List can be hidden in order to display more entries in the main patient list</li> </ul>
20	Drive selection window	For selecting the USB memory stick
21	Search window	<ul> <li>Search seca patient files on the USB memory stick.</li> <li>"Asterisk search" - e.g. "Mi*" to find Miller</li> <li>Back to the complete list with empty search</li> </ul>
22	delete	Delete seca patient file on the USB memory stick (seca patient file cannot be restored on the USB memory stick)
23	select all deselect all	<ul> <li>Select all seca patient files on the USB memory stick in order to carry out actions for all</li> <li>Deselect all seca patient files on the USB memory stick if action for all has been carried out or if no action is to be carried out</li> </ul>

### 3.2 seca patient file

Edit Extras ?							dr. ma	iba [Doctor]
		\	Parientfile			/		ļ.
nzlow Phillipp	<b>3</b> 01.04.1978 / Ca	ucalian		measure	e import	print	save	close
ht 98.80 kg He	eigh: <b>1.860 m</b> BMI: 28	.56 kg/m²						17.12.2014
patient data	medical history	DĊ	laboratory data	exa	mination results	DC	comments	
eral patient data (up	dated on 20.06.2012)							
ame				Contact				
Title:				Street:				
Name: P	renzlow			House no.:				
First name:	hillipp			Postcode:				
Name suffix:			•	Town:				
eneral data				County:				
Date of birth:	1.04.1978			Country:	Germany			•
Gender:	fale +			E-mail:				
Ethnicity:	aucasian 🔹 🔹			Telephone 1:			Private	•
				Telephone 2:			Private	•
Detention				Telephone 3:			Private	-
	eca_20120620-042258-921			Comments				
inhervisiud nocioi; []	r. madiba		*					

	Symbol	Meaning
Α	Patient info	Summary of the most important patient data
В	patient data	Enter, edit, and view the patient's master data
С	medical history	Enter, edit, and view the patient's medical history
D	laboratory data	Enter, edit, and view the patient's laboratory data Data can be imported if an interface to the hospital information system is programmed
Е	examination results	View examination results
F	comments	Add and view comments about the seca patient file
G	measure	<ul> <li>Start measuring process for weight and height</li> <li>Send seca patient file to a seca mBCA</li> </ul>
Н	import	Import patient data <b>Note:</b> Configuration or programming of an interface to the patient data management system (PDMS) required
	print	Print results report or save as PDF

	Symbol	Meaning
J	save	Save changes and additions to the seca patient file
к	close	Close the seca patient file and return to the seca patient list
L	Date/time	Settings are adopted from the operating system

### 3.3 Color symbols and other controls

Control/display	Symbol	Meaning
Tab	patient data	White: tab not selected
Tab	Laboratory data	Red: tab selected
	Fluid	Red, with selection bar: module is active
Typeface, evalua- tion modules	Function / rehabilitation	Bold: new data available
	Function / rehabilitation	Gray: module not available
Typeface,	12.11.2011	Red, with selection bar: measurement selected, details shown
measurements	12.11.2011	Bold: new measurement
Typeface, evalua- tion parameters	28,6 kg/m <sup>2</sup>	Parameter red: value outside normal range
Handles	Measurements 19.12.2014 18.12.2014 17.12.2014 20.06.2012	<ul> <li>Selection of several measurements:</li> <li>drag left handle upwards: add measurements of a more recent date.</li> <li>drag right handle downwards: add measurements of an older date</li> </ul>
Comments symbol	Ъ	Comment for evaluation parameters present
Detail symbol		Detail view available for results graph
Drop-down	-	Gray: function available
triangles	ł	Light gray: function not available
		Data transmission in progress
Data transmission	0	Data transmission successful
	$\bigotimes$	Data transmission failed
	left arm 💌	Selected function
Drop-down menu	left arm	Drop-down menu open

Control/display	Symbol	Meaning
Checkboyes		Empty: function deactivated
Onechooxes	×	Cross: function activated

### 3.4 Identification on the packaging

Text/symbol	Meaning	
Mod	Model number	
S/N	Serial number	
	Follow instructions for use	
<b>CE</b> 0123	Product complies with EC directives	
$\sim$	Name of manufacturer	
os cruhe sugg	Packaging material can be disposed of through recycling programs	
Ť	Protect from moisture	
	Permitted min. and max. temperature for transport and storage	
<u></u>	Permitted min. and max. moisture for transport and storage	

### 4. INSTALLATION/UPDATES

The PC software may only be installed and updated by experienced administrators or hospital technicians.

Information about the software version installed and about the availability of updates can be found in the menu line of the PC software at "?  $\rightarrow$  **Product information**".

For information about installation and configuration options, check the menu line of the software under "? → Administrator manual".

In the event of questions about the system currently installed on your PC and if you want to make any changes, please contact your administrator.



### ATTENTION! Loss of data

Incorrect installation or incorrect changes to the installation can lead to loss of data and, as a result. to misdiagnoses.

► Make sure the installation or changes to the installation are carried out by an experienced administrator or hospital technician.

### 5. OPERATION

#### 5.1 Starting/exiting program

**Opening the program** 

1. Click "Start → Programs → seca → seca medical software".



The login dialog opens.

seca anal	ytics <b>115</b>
User:	
Password:	
ok	cancel

- 2. Enter your user name.
- 3. Enter your password.

#### NOTE:

User name and password are created by the administrator. If you want to change the user name or password, please contact your administrator.

- Confirm your entries with ok. The seca patient list opens.
- Logging off / switching user
- Click on Log off.
   The login dialog opens.
   Another user can log in.

seca anal	ytics <b>115</b>
User: Password:	
ok	cancel

Exiting program ► Click on the cross symbol. The program will close.

# dr. madiba [Doctor] Log out

### 5.2 "Extras" menu

Changing references The seca 115 PC software evaluates measured results using references. References are formulas and comparison values determined in clinical studies. During the installation and configuration of the seca 115 PC software, your administrator sets in which country you are operating your seca 115 PC software. With this setting, the references normally used in your country are preset automatically. You can change the preset references to suit the requ-

You can change the preset references to suit the regulations applying in your institution and your personal preferences. To do so, proceed as outlined below.

#### NOTE:

This section describes how to use the **seca 115** PC software For information about the medical content, see the section entitled "Medical basis" from page 60.

1. From the **Extras** menu, select the **References** element.

S sec	a analy	tics 115	
File	Edit	Extras	?
		Re	ferences
		Us	er-specific modules
	с	Measuring device administration	

#### The References dialog window opens.

WHO 2007
CDC 2000 WHO 2007
Kromeyer-Hauschild et al. 2001 LbISeca
Framingham Score - Wilson et 🔻
IDF 2006 •
Müller et al. 2004 🔹
cancel

Click on the arrow of the parameter for which you want to select the reference.

A pull-down menu with all the selection options for the reference opens.

3. Click the desired reference.

The pull-down menu closes.

The selected reference appears in the selection field.

- 4. Repeat steps 2. and 3. for all parameters whose references you would like to change.
- 5. To save the settings, click **ok**. The dialog window closes.

#### NOTE:

If you click on "**Cancel**", the settings are not saved.

## Creating user-specific modules

A number of evaluation modules have already been set up to assess your patient's state of health (see "Evaluation modules" on page 60).

In the **User-specific modules** dialog, you can compile two further modules. You can view and evaluate these in the seca patient file under the **examination results** tab, just like the preset evaluation modules.

#### NOTE:

This section describes how to use the **seca 115** PC software For information about the medical content, see the section entitled "Medical basis" from page 60.

To compile a user-specific module, proceed as outlined below.

1. In the Extras menu, click on User-specific modules.

S seca analytics 115			
File	Edit	Extras ?	
		References	
		User-specific modules	
	c	Measuring device administry on	

The **User-specific modules** dialog window appears.

Module 1	is preselected.	

Jser-specific modules		
Module 1 Module 2		
Module name		
With BIA	Parameter	
Phase angle	Height	
<ul> <li>Bioelectric impedance vector analysis</li> </ul>	Weight	
Fatmass	Body Mass Index	
Fat-free mass	<ul> <li>Resting energy expenditure</li> </ul>	
<ul> <li>Body composition chart</li> </ul>	<ul> <li>Total energy expenditure</li> </ul>	
Energy stored in body	Therapy tool	
Skeletal muscle mass		
Total body water		
Extracellular water		
Intracellular water		
Hydration		
	election ok cancel	

- 2. In the **Module name** field, enter the name you want to give the module.
- 3. Click a maximum of 4 parameters you want displayed in your module.
- 4. Click on ok.

The user-specific module is saved.

#### NOTE:

- With **Cancel selection**, you can deselect all selected items with a mouse-click.
- With **Cancel**, you can exit the dialog window without saving settings.
- To delete a saved module, click on **Cancel** selection, delete the module name in the **Module name** field and click on **ok**.
- 5. If desired, repeat the process for **Module 2**.

## Viewing measuring device administration

You can view which scales and stadiometers are connected to your PC.

The following information is displayed for each seca measuring device connected:

- device name if entered by the administrator (recommended)
- model
- setup location if entered by the administrator (recommended)
- serial number
- connection properties:

Connection	Properties
Ethernet	[IP address]:[port]
<b>seca 360</b> °wireless network	[PC name : channel; device type]
RS232 devices	[PC name : COM port]

To have the measuring device configuration displayed, proceed as outlined below.

1. From the Extras menu, select the Measuring device administration element.



The **Measuring device administration** window appears.

/eight				
Name	Model	Location	Serial number	Connection properties
Height				
Name	Model	Location	Serial number	Connection properties
Längenmessgerät	Längenmessgerät		05704183104409	
BIA.				
Name	Model	Location	Serial number	Connection properties
mBCA	mBCA			0;5
mBCA	mBCA			1;5
- DOA	mBCA			127.0.0.1:192.168.2.12:60671

#### NOTE:

You cannot make any changes in this window. If changes are to be made, please contact your administrator.

2. To exit the **Measuring device administration** window, click on **close**.

### 5.3 Working with the seca patient list

#### Adjusting column width

1. Position the mouse pointer in the title line on the line between two columns.

S seca	a analytics 1	15
File	Edit Extr	as ?
_		
_	create	open
	ID 🔶	Bit name
	ID +	Stephanie
	ID + seca_201 seca_201	Stephanie
	ID seca_201 seca_201 seca_201	kit name Stephanie Sanne Pia

The pointer turns into a double arrow.

- 2. Hold down the left mouse button and drag to make the column wider or narrower.
- 3. Release the left mouse button once the required column width is reached.
- 1. Click in the title line of the desired column.

S seca analytics 115

File Edit Extras ?

#### Sorting column content in ascending or descending order

create	open	
ID	Name	☆ First na
seca_20120620-042421-312	Domenico	Federic
seca_20120620-042052-640	Knudsen	Nikolaj
seca_20120620-042338-500	Lacroix	Stepha
seca_20120620-042159-375	Prenzlow	Pia
seca_20120620-042258-921	Prenzlow	Phillipp
20120020 042022 004	С	e. a

An arrow appears next to the column title, to indicate the current sorting direction.

- 2. Click the arrow to re-sort column content.
- 3. To reverse the sorting direction, click the arrow again.

## Showing and hiding columns

- 1. Position the mouse pointer in the seca patient list.
- 2. Right-click.

A context menu with the titles of all columns appears.



 Click on the title of the column you want to hide. The checkmark in front of the column title is no longer displayed.

The corresponding column is hidden in the seca patient list.

4. Click on the title of the column again to show it again.

The checkmark in front of the column title is displayed again.

The corresponding column is shown in the seca patient list again.

# Showing and hiding the seca patient list from the USB memory stick

The patient list from the USB memory stick is shown each time the program starts. You can hide the patient list from the USB memory stick to obtain more space for the entries of the main patient list.

1. Click on the "-" symbol above the patient list from the USB memory stick.

	Date of birth	Gender	Last measurem	ent Statu	IS
		En	ler search term	•	
SB stick					5
all					
	06.09.1999	Ŷ	20.06.2012	new	Ŷ
	03.09.1978	δ	20.06.2012	new	
	19.09.1978	Ŷ	20.06.2012	new	
	01.04.1978	δ	20.06.2012	new	
	05.09.2003	Ŷ	20.06.2012	new	
	12.09.1978	Ŷ	20.06.2012	new	-
	01.00.1010	0	20.00.2012	11011	

The patient list from the USB memory stick is no longer shown.

2. To show the patient list from the USB memory stick again, click on the "-" symbol again.



## patient file

### **Searching for a seca** 1. Enter a search term in the search field.

Primary patient list       oreade     open     send to mBCA     Pr*       ID     Name     Fist name     Date of birth     Gender     Last messurement     Status       ID     Name     Fist name     Date of birth     Gender     Last messurement     Status       seca_201     Domenico     Federico     05.09.1989     C     20.06.2012     new       seca_201     Francisco     Federico     05.09.1976     C     20.06.2012     new       seca_201     Pendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Sott     Catherine     19.09.1978     Q     20.06.2012     new       seca_201     Sott     John     0.09.1978     Q     20.06.2012     new       seca_201     Sott     John     0.09.1978     Q     20.06.2012     new       seca_201     Sott     John     0.09.1978     Q     20.06.2012	Primary patient list       create     open     send to mBCA       ID     Name     Fist name     Date of birth     Gender       Last messurement     Status       seca_201     Domenico     Federico     05.09.1983       Status     Quite Sci 2012     new       seca_201     Nucken     Nkolaj     Quite Sci 2012       seca_201     Hendlow     Pia     05.09.203       seca_201     Pendlow     Pia     05.09.2012       seca_201     Soctt     Catherine     19.09.1978     2.00.6.2012       seca_201     Soctt     John     03.09.1978     2.00.6.2012     new       seca_201     Van Aelit     Samne     06.09.1993     2.00.6.2012     new       copy to USB stick     delete     select all		Edit Extr	ras ?					ad	imin (Adminis:	trato
create     open     send to mBCA     Pr*       ID     Name     Fit name     Date of birth     Gender     Lat measurement     Status       seca_201     Dorencio     Federico     05.03.1389     3     20.06.2012     new       seca_201     Nkolaj     04.06.1376     3     20.06.2012     new       seca_201     Krudsen     Nkolaj     04.06.1376     3     20.06.2012     new       seca_201     Lextonik     Stephnie     12.09.1378     9     20.06.2012     new       seca_201     Frendow     Fis     05.09.2003     9     20.06.2012     new       seca_201     Soott     Catherine     19.09.1378     2     20.06.2012     new       seca_201     Soott     Catherine     19.09.1378     2     20.06.2012     new       seca_201     Soott     John     03.01.578     2     20.06.2012     new       seca_201     Soott     John     03.09.1378     2     20.06.2012     new       seca_201     Soott     John     03.09.1378     2     20.06.2012     new       seca_201     Vort     Sarne     06.09.1939     2     20.06.2012     new       ust neaurement	create     open     send to mBCA     Pr*       ID     Name     First name     Date of birth     Gender     Last measurement     Status       steca_201     Domenico     Federico     05.03.1989     C     20.06.2012     new       seca_201     Knudsen     Nikolaj     04.06.1376     C     20.06.2012     new       seca_201     Knudsen     Nikolaj     04.06.1376     C     20.06.2012     new       seca_201     Knudsen     Nikolaj     06.09.13978     Q     20.06.2012     new       seca_201     Fendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Fendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Soott     Catherine     19.09.1978     Q     20.06.2012     new       seca_201     Soott     John     03.03.1978     Q     20.06.2012     new       seca_201     Soott     John     03.03.1978     Q     20.06.2012     new       seca_201     Vort Aelat     Same     06.03.1333     Q     20.06.2012     new       seca_201     Vort Aelat     Same     06.03.1333     Q     20.06.2012     new       <					Primary patie	ntlist				_
ID     Name     First name     Date of birth     Gender     Last measurement     Status       seca_201     Domenico     Federico     05.03.1889     C     20.06.2012     new       seca_201     Natudaj     04.06.1376     C     20.06.2012     new       seca_201     Last measurement     Status     12.09.1376     C     20.06.2012     new       seca_201     Last measurement     Stephnie     12.09.1376     C     20.06.2012     new       seca_201     Pendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Pendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Pendow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Scott     Catherine     19.09.1978     Q     20.06.2012     new       seca_201     Sott     John     0.30.9.1978     Q     20.06.2012     new       seca_201     Van Aelat     Same     06.09.1939     Q     20.06.2012     new       copp to USB stack     delete     select all	ID     Name     First name     Date of birth     Gender     Last measurement     Status       seca_201     Domenico     Federico     05.03.1989     C     20.06.2012     new       seca_201     Nakolej     0.40.6.1376     C     20.06.2012     new       seca_201     Stephnie     12.08.1376     C     20.06.2012     new       seca_201     Lactoix     Stephnie     12.08.1376     C     20.06.2012     new       seca_201     Lactoix     Stephnie     0.509.2003     Q     20.06.2012     new       seca_201     Pendow     Pia     0.509.2003     Q     20.06.2012     new       seca_201     Scott     Catherine     19.09.1978     Q     20.06.2012     new       seca_201     Scott     John     0.30.3.1978     C     20.06.2012     new       seca_201     Scott     John     0.30.9.1978     Q     20.06.2012     new       seca_201     Van Aelat     Sarme     0.60.9.1939     Q     20.06.2012     new       copy to USB stick     delete     select all		create		open	send to mBCA		Pr*		Þ	
seca_201         Domenico         Federico         05.03 1989         3         20.06 2012         new           seca_201         Nkolej         0.40 6i 1976         3         20.06 2012         new           seca_201         Stephanie         12.08 1978         4         20.06 2012         new           seca_201         Pendow         Pia         0.50 30 2003         4         20.06 2012         new           seca_201         Pendow         Pia         0.50 32 2003         4         20.06 2012         new           seca_201         Pendow         Pia         0.50 32 2003         4         20.06 2012         new           seca_201         Pendow         Pia         0.50 32 2003         4         20.06 2012         new           seca_201         Sott         Catherine         19.09 1978         4         20.06 2012         new           seca_201         Sott         John         0.30 9 1978         2         20.06 2012         new           seca_201         Van Aelat         Sarme         0.60 9 1939         4         20.06 2012         new         1           copy to USB stick.         delete         select all	seca_201     Domenico     Federico     05.03 1989     3     20.06 2012     new       seca_201     Nkolaj     04.06.1376     3     20.06.2012     new       seca_201     Stephanie     12.09.1378     4     20.06.2012     new       seca_201     Pendow     Pha     05.09.2003     4     20.06.2012     new       seca_201     Pendow     Pha     0.09.1978     3     20.06.2012     new       seca_201     Scott     Catherine     19.09.1978     3     20.06.2012     new       seca_201     Van Aelst     Sarne     06.09.1999     2     20.06.2012     new       copy to USB stick     delete     select all		ID	Name	First name		Date of birth	Gender	Last measurement	Status	
seca_201         Knudsen         Nikolej         04.06.1976         3         20.06.2012         new           seca_201         Lacroix         Stephanie         12.03.1978         \$         20.06.2012         new           seca_201         Pendow         Pilaipo         01.04.1978         \$         20.06.2012         new           seca_201         Pendow         Pilaipo         01.04.1978         \$         20.06.2012         new           seca_201         Scott         Cabherine         19.03.1978         \$         20.06.2012         new           seca_201         Scott         Cabherine         19.03.1978         \$         20.06.2012         new           seca_201         Van Aeltit         Same         06.03.1939         \$         20.06.2012         new         \$           copy to USB stick         delete         select all         \$         \$         \$         \$         \$	seca_201         Knudsen         Nikolej         04.06.1976         3         20.06.2012         new           seca_201         Lacroix         Stephanie         12.03.1978         \$         20.06.2012         new           seca_201         Preshow         Pia         05.09.2003         \$         20.06.2012         new           seca_201         Preshow         Philipp         01.04.1978         \$         20.06.2012         new           seca_201         Scott         Catherine         19.03.1978         \$         20.06.2012         new           seca_201         Scott         Catherine         19.03.1978         \$         20.06.2012         new           seca_201         Scott         John         03.03.1978         \$         20.06.2012         new           seca_201         Van Aeltit         Same         06.03.1939         \$         20.06.2012         new         \$           cospy to USB stick         delate         select all		seca_201	Domenico	Federico		05.09.1989	3	20.06.2012	new	
seca_201         Lacroix         Stephanie         12.03.1378         Q         20.06.2012         new           seca_201         Pendow         Pia         05.03.2003         Q         20.06.2012         new           seca_201         Pendow         Pia         05.03.2003         Q         20.06.2012         new           seca_201         Pendow         Philipp         01.04.1978         Q         20.06.2012         new           seca_201         Soatt         Caherine         19.03.1976         Q         20.06.2012         new           seca_201         Soatt         John         03.03.1978         Q         20.06.2012         new           seca_201         Van Aelst         Same         06.03.1939         Q         20.06.2012         new         Arg.           copy to USB stack         delete         select all         USB stack found.         P         20.06.2012         new         Arg.           USB stack found.         *          Enter search farm         P         20.06.2012         new         Arg.	seca_201         Lacroix         Stephanie         12.03.1378         Q         20.06.2012         new           seca_201         Pendow         Pia         05.03.2003         Q         20.06.2012         new           seca_201         Pendow         Pha         05.03.2003         Q         20.06.2012         new           seca_201         Pendow         Phalipp         01.04.1978         Q         20.06.2012         new           seca_201         Scott         Cahterine         19.03.1978         Q         20.06.2012         new           seca_201         Scott         John         03.09.1978         Q         20.06.2012         new           seca_201         Scott         John         03.09.1978         Q         20.06.2012         new           seca_201         Van Aelit         Same         06.09.1939         Q         20.06.2012         new         V           copy to USB stick         delete         select all         VS9 stick         Seclect all         VS9         V           vUSB stick found.         V         Enter search term         V         V         V         V		seca_201	Knudsen	Nikolaj		04.06.1976	8	20.06.2012	new	
seca_201     Pendlow     Pia     05.09.2003     Q     20.06.2012     new       seca_201     Pendlow     Philipo     01.04.1978     3     20.06.2012     new       seca_201     Scott     Catherine     13.03.1978     Q     20.06.2012     new       seca_201     Scott     Catherine     13.03.1978     Q     20.06.2012     new       seca_201     Scott     John     03.09.1978     Q     20.06.2012     new       seca_201     Van Aelat     Same     06.09.1999     Q     20.06.2012     new       copy to USB stick     delete     select all     VSB stick     Enter search farm     Image: Status       USB stick found.         Enter search farm     Image: Status       ID     Name     First name     Date of birth     Gender     Last measurement     Status	eaca_201     Prendow     Pria     05.09.2003     Q     20.06.2012     new       eaca_201     Perdow     Philipp     01.04.1978     Q     20.06.2012     new       eaca_201     Scott     Catherine     19.09.1978     Q     20.06.2012     new       eaca_201     Scott     John     03.09.1978     Q     20.06.2012     new       eaca_201     Scott     John     03.09.1978     Q     20.06.2012     new       eaca_201     Scott     John     03.09.1978     Q     20.06.2012     new       copy to USB stick     delete     select all		seca_201	Lacroix	Stephanie		12.09.1978	Ŷ	20.06.2012	new	
seca_201         Penatow         Philipp         01.04.1978         3         20.06.2012         new           seca_201         Scott         Cahrerine         19.03.1978         \$         20.06.2012         new           seca_201         Scott         John         03.09.1978         \$         20.06.2012         new           seca_201         Scott         John         03.09.1978         \$         20.06.2012         new           seca_201         Van Aeltt         Same         06.09.1939         \$         20.06.2012         new         \$           copy to USB stok         delete         select all	seca_201 Prenziow     Philipp     01.04.1978     3     20.06.2012     new       seca_201 Scott     Cahrerine     19.03.1978     \$     20.06.2012     new       seca_201 Scott     John     03.09.1978     \$     20.06.2012     new       seca_201 Van Aelst     Same     06.09.1939     \$     20.06.2012     new       copp to USB stick     delete     select all     \$		seca_201	Prenzlow	Pia		05.09.2003	Ŷ	20.06.2012	new	
seca_201 Scott Catherine 19.09.1978 Q 20.06.2012 new seca_201 Scott John 0.03.03.1978 3 20.06.2012 new seca_201 Van Aelat Samne 06.03.1939 Q 20.06.2012 new copy to USB stick delete select all USB stick found. USB stick found. DB Name First name Date of birth Gender Last measurement Status	seca_201 Scott Catherine 19.03.1978 Q 20.06.2012 new seca_201 Scott John 0.0.03.1978 C 20.06.2012 new seca_201 Van Aelst Samne 06.03.1939 Q 20.06.2012 new copy to USB stick delete select all USB stick found. USB stick found. USB stick found. Date of birth Gender Last messurement Status		seca_201	Prenzlow	Philipp		01.04.1978	δ	20.06.2012	new	)
seca_201 Soot John 0.3.03.1978 3 20.06.2012 new seca_201 Van Aelst Same 06.03.1999 9 20.06.2012 new seca_201 Van Aelst Same 06.03.1999 9 20.06.2012 new seca 201 Van Aelst Same Second Sam	seca_201 Scott John 03.09.1978 3 20.06.2012 new seca_201 Van Aelat Samne 06.09.1999 9 20.06.2012 new v copy to USB stick delete select all USB stick found. • Entities anch form • ID Name First name Date of bith Gender Last measurement Status		seca_201	Scott	Catherine		19.09.1978	ę	20.06.2012	new	
seca_201 Van Aelst Sanne 06.03.1933 Q 20.06.2012 new	seca_201     Van Aelat     Samme     06.03 1939     Q     20.06.2012     new       copy to USB stick     delete     select all       USB stick found.             UD     Name     First name     Date of bith     Gender     Last messurement		seca_201	Scott	John		03.09.1978	8	20.06.2012	new	
copy to USB stick delete celect all USB stick found.  DUSB stick found	copy to USB stick delete celect all USB stick found.   USB stick found.										
ID Name First name Date of birth Gender Last measurement Status	ID Name First name Date of birth Gender Last measurement Status	C	seca_201 copy to	Van Aelst USB stick	Sanne	select all USB stick	06.09.1999	Ŷ	20.06.2012	new	×
		0	seca_201 copy to USB stick for	Van Aelst USB stick und.	Sanne	select all USB stick	06.09.1999	₽ <i>Ente</i>	20.06.2012 ar se arch term	new	~
			seca_201 copy to USB stick for ID	Van Aelst USB stick und.	Same delete First name	select all USB stick	06.03.1999	Ç Ente Gender	20.06.2012 ar search farm Last measurement	new	
			seca_201 copy to USB stick for ID	Van Aelst USB stick und.	Sanne delate First name	select all USB strak	06.03.1999	Ç Ente Gender	20.06.2012	new	
			seca_201 copy to USB stick for ID	Van Aelst USB stick und.	Same	select all USB stick	06.03.1999	Ç Ente Gender	20.06.2012	new	
		•	seca_201 copy to USB stick for	Van Aelst USB stick und.	Sanne	select all USB strok	06.03.1999	Ç Ente Gender	20.06.2012	new	
			seca_201 copy to USB stick for	Van Aelst USB stick und.	Same delete First name	select all USB stick	D6.03.1939	Ç Ente Gender	20.06.2012 ar search term Last measurement	new	
			seca_201 copy to USB stick for	Van Aelst USB stick und. •	Sanne delete First name	select all USB stick	06.03.1939	Ç Ente	20.06.2012	new	
			seca_201 copy to USB stick for	Van Aelit USB atick und.	Sanne delete First name	select all USB stick	06.03.1939	Ç Ente	20.06.2012 ar search farm	new	
			seca_201 copy to USB stick for ID	Van Aelst USB atick und. Name	Same	select all USB stick	06.03.1939	Ç Ente	20.06.2012	new	

#### NOTE:

If you do not know exactly how to spell a name, you can carry out a so-called "asterisk search" e.g. "Mi\*" to find "Miller".

2. Click the arrow next to the search field. The search process starts.

The search results are displayed.

- 3. In order to return to the complete seca patient list, delete the search term in the search field.
- 4. Click the arrow next to the search field. The complete seca patient list is shown again.

## Creating a new seca patient file

If you create a new seca patient file, you must fill in at least the following fields (each marked "\*" in the file):

- date of birth
- gender
- ethnicity
- attending physician (if the current user is a physician, this field will be filled in automatically)

If the patient ID has to comply with a specified structure in your institution, you can enter it manually. If you do not enter a "manual" ID, then an ID will be assigned automatically when the seca patient file is saved.

1. Click on **new**.

		Primary patient list
create	open	send to mBCA
ID Name 🗸	First name	Date of birl
🔲 seca_201 Domenico	Federico	05.09.1989
seca_201 Knudsen	Nikolaj	04.06.1976

An empty seca patient file appears. The **patient data** tab is active.

e Edit Extras ?				dr. madiba (Doct	
		Patient file		a. maaba boo	sec
Veight:	් 08.09.1962 / Caucasian Height: BMI:	)	measure import print	save close 17.12.2014 18.46	
patient data	medical history	laboratory data	examination results	comments	
General patient data	(updated on 17.12.2014)				-
Name			Contact		
Title:			Street:		1
Name:			House no.:		
First name:			Postcode:		
Name suffix:		-	Town:		
General data			County:		
Date of birth:	08.09.1962 *		Country: Germany	•	
Gender:	Male • •		E-mail:		
Ethnicity:	Caucasian 🔹 🔹		Telephone 1:	Private •	
			Telephone 2:	Private -	
Specific data			Telephone 3:	Private •	
Patient ID:	seca_20141217-064614-125				
Supervising doctor:	dr. madiba	<b>*</b>	Comments		

2. Enter the patient data:

#### NOTE:

If you are logged in as a physician, you will automatically be entered in the **Attending physician** field. The field can be edited.

3. Click on **save**.

If no manual ID was assigned, the ID created automatically by the **seca 115** software is displayed.

4. Click on **close**.

The seca patient list is shown again. Additional seca patient files can be created.

## Sending seca patient file to a seca mBCA

Use this function to send a seca patient file to a seca mBCA to determine a patient's body composition on that device.

#### NOTE:

This function is only available if you have an Ethernet network connection available.

- 1. Ensure that the desired seca mBCA is switched on.
- 2. In the patient list of the PC software, select the desired seca patient file.
- 3. Click on send to mBCA.

				Primary patient	list
	create	open		send to mBCA	
	ID	Name 🖉	~	First name	C
	seca_20120620-042421-312	Domenico		Federico	05
	seca 20120620.042052.640	Knudsen		Nikolai	D.

The **Measuring device selection** dialog window appears.

#eight:	Manual	-	
Height:	Manual	•	measure
			1 1 10

- 4. In the **Measuring device selection** dialog window, select the desired seca mBCA in the **Body composition** line.
- 5. Click on Send patient file.

Measuring device select	tion		
Weight:	Manual	•	
Height:	Manual	•	measure
Body composition	mBCA	<b>v</b> )	send patient file
			cancel

The seca patient file is passed to the selected seca mBCA where it appears in the **patient** tab.

# Copying seca patient files to USB memory stick

If you want to work with seca patient files on a seca mBCA and there is no wireless or Ethernet connection to this device, you can use an initialized USB memory stick.

#### NOTE:

If you are uncertain of whether the USB memory stick has been initialized, please contact your administrator.

In order to copy data to a USB memory stick, proceed as outlined below.

1. Insert the USB memory stick in a free USB port on the PC.

The message **USB stick detected** appears.

2. Click on **ok**.

The dialog window closes.

3. In the main patient list, select the seca patient files you want to copy to the USB memory stick.

		Primary patient li:	st				
create	open	send to mBCA				Þ	
ID	Name 🔗	First name	Date of birth	Gender	Last measurement	Status	
seca_20120620-042421-312	Domenico	Federico	05.09.1989	3	20.06.2012	new	
seca_20120620-042052-640	Knudsen	Nikolaj	04.06.1976	3	20.06.2012	new	-
seca_20120620-042338-500	Lacroix	Stephanie	12.09.1978	Ŷ	20.06.2012	new	
seca_20141217-064614-125	Müller	Max	08.09.1962	б	17.12.2014		
seca_20120620-042159-375	Prenzlow	Pia	05.09.2003	Ŷ	20.06.2012	new	
seca_20120620-042258-921	Prenzlow	Phillipp	01.04.1978	3	20.06.2012	new	
seca_20120620-042633-984	Scott	Catherine	19.09.1978	Ŷ	20.06.2012	new	
seca_20120620-042713-218	Scott	John	03.09.1978	3	20.06.2012	new	Ŷ,
•				Enter se	arch term	F	
ID	Name	First name	Date of birth	Gender	Last measuremen	t Status	
							ר
							_

#### 4. Click on copy to USB stick.

The copied entries are shown in the patient list of the USB memory stick.

#### English

ile E	Edit Extras 7							
			Primary patient list			dr.	madiba (D	octor] l S
_	create	open	send to mBCA				F)	
	ID	Name 🔿	First name	Date of birth	Gender	Last measurement	Status	
	seca_20120620-042421-312	Domenico	Federico	05.09.1989	3	20.06.2012	new	
	seca_20120620-042052-640	Knudsen	Nikolaj	04.06.1976	3	20.06.2012	new	
x	seca_20120620-042338-500	Lacroix	Stephanie	12.09.1978	Ŷ	20.06.2012	new	
	seca_20141217-064614-125	Müller	Max	08.09.1962	3	17.12.2014		
×	seca_20120620-042159-375	Prenzlow	Pia	05.09.2003	Ŷ	20.06.2012	new	)— [
	seca_20120620-042258-921	Prenzlow	Phillipp	01.04.1978	б	20.06.2012	new	
	seca_20120620-042633-984	Scott	Catherine	19.09.1978	Ŷ	20.06.2012	new	
	seca_20120620-042713-218	Scott	John	03.09.1978	3	20.06.2012	new	
	copy to USB stick	delete	select all					
E: 0	copy to USB stick	delete	select all		Enter se	arch term	•	
E: 0	copy to USB stick	delete Name	select all USB stick	Date of birth	Enter se Gender	arch ferm	• Status	
E: 0	copy to USB stick	delete ) Name Lactoix	select all USB stick	Date of birth	Enter se Gender Q	arch lerm Last measuremen	• Status	

- 5. Eject the USB memory stick in accordance with the procedure of your PC's operating system.
- 6. Extract the USB memory stick from the USB port of the PC.

#### NOTE:

In order to be able to access seca patient files on a seca mBCA, you need your user PIN (generated automatically when your administrator sets up your user account for the **seca 115** PC software) or the USB PIN (generated when your administrator initializes the USB memory stick). If you do not have either of the PINs handy, contact your administrator.

#### Importing seca patient files from the USB memory stick

If you have created or updated seca patient files on a USB memory stick, e.g. during a measurement on a seca mBCA, you can import these data to the patient database of the **seca 115** PC software. To do so, proceed as outlined below.

1. Insert the USB memory stick in a free USB port on the PC.

The message **USB stick detected** appears.

2. Click on **ok**.

The dialog window closes.

The patient files on the USB memory stick are shown in the patient list of the USB memory stick.

eca	a analytics 115							
e	Edit Extras ?					dr.	madiba (D	octor] L
Primary patient list							SE	
	create	open	send to mBCA				×.	
	ID	Name 🛆	First name	Date of birth	Gender	Last measurement	Status	
]	seca_20120620-042421-312	Domenico	Federico	05.09.1989	3	20.06.2012	new	1
]	seca_20120620-042052-640	Knudsen	Nikolaj	04.06.1976	3	20.06.2012	new	-
2	seca_20120620-042338-500	Lacroix	Stephanie	12.09.1978	Ŷ	20.06.2012	new	
	seca_20141217-064614-125	Müller	Max	08.09.1962	3	17.12.2014		
ĸ	seca_20120620-042159-375	Prenzlow	Pia	05.09.2003	Ŷ	20.06.2012	new	-
K]	seca_20120620-042258-921	Prenzlow	Philipp	01.04.1978	δ	20.06.2012	new	
1	seca 20120620-042633-984	Scott	Catherine	19.09.1978	Ŷ	20.06.2012	new	
-								
]	seca_20120620-042713-218	Scott delete	John select all	03.09.1978	õ	20.06.2012	new	¢
E: (	seca_20120620-042713-218	Scott delete	John select all USB stick	03.09.1978	8 Enter se	20.06.2012	new	
E: (	seca_20120620-042713-218 copy to USB stick 0 ID	Scott delete	John select all USB stick	03.09.1978 Date of bith	Č Enter se	20.06.2012 arch ferm	new	
) [ E: (	seca_20120620-042713-218 copy to USB stick 0 ID seca_201110	Scott delete	John select all USB stick First name Stephanie	03.09.1978 Date of bith 12.09.1978	Enter see     Gender     Q	20.06.2012 tarch ferm	new Note: Status	
E: (	seca_20120620-042713-218 copy to USB stick 0 ID seca_201110 seca_2011111	Scott delete Name Lacroix Prenclow	John select all USB stick First name Stephanie Pia	03.09.1978	С Enter se Gender ♀ ♀	20.06.2012 terch ferm	new New	
E: (	ecc_20120620442713-218 copy to USB stick 0 cop	Scott delete Name Lactoix Prenalow Prenalow	John select all USB stick First name Stephanie Pia Philipp	03.09.1978 Date of bith 12.09.1978 05.09.2003 01.04.1978	б <i>Enter se</i> Gender ♀ ♀ б	20.06.2012 earch term Last measuremen	new k Status	
E: (	teca_20120620442713218 copy to USB stick 0 10 teca_2011110 teca_2011111 seca_2011111	Scott delete Name Lacroix Prenzlow Prenzlow	John select all USB stick First name Stephonie Pia Philipp	03.03.1378 Date of bith 12.09.1978 05.09.2003 01.04.1978	З Enter see Gender Q Q З	20.06.2012	new N Status	
E: (	ecc_20120620442713-218 copy to USB stick 0 • 10 10 10 10 10 10 10 10 10 10	Scott delete Name Lactoix Prenzlow Prenzlow	John select all USB stack First name Stephanie Pha Philipp	03.09.1978 Date of bith 12.09.1978 05.09.2003 01.04.1978	S Enter see Gender P S	20.06.2012 arch ferm Last measuremen	new	
E: (	seca_20120620442713218 copy to USB stick 0 • • • • • • • • • • • • • • • • • • •	Scott delete Name Lecroix Prenzlow Prenzlow	John USB stick First name Stephanie Pia Philipp	03.03.1378 Date of birth 12.09.1379 05.09.2003 01.04.1378	S Enter see Gender Q S	20.06.2012 Aarch ferm Last measuremen	new	
	seca_20120620442713218 copy to USB stick 0	Scott delete Name Lacroix Prenzlow Prenzlow select all	John select all USB stick First name Stephanie Pia Philipp	03.03.1378 Date of bith 12.03.1378 05.09.2003 01.04.1978	S Enter see Gender Q S	20.06.2012	new	

Data import starts automatically.

Imported entries are shown in the main patient list.

#### NOTE:

If you accidentally assign a patient ID which already exists in the **seca 115** PC software, the corresponding seca patient file will be copied from the USB memory stick to the patient buffer of the **seca 115** PC software. Your administrator can provide the seca patient file with a unique ID and transfer it to the main patient list.

- 3. Eject the USB memory stick in accordance with the procedure of your PC's operating system.
- 4. Extract the USB memory stick from the USB port of the PC.

#### Exporting seca patient files to .csv format

If you would like to re-use a patient's examination results outside this program, you can export them to the .csv format. This data format can be imported into common spreadsheet programs.

#### NOTE:

Personal data such as the name and address of the patient will not be exported.

- 1. Position the red selection bar on the seca patient file to be exported.
- Click the appropriate checkbox. A cross appears in the checkbox. The seca patient file is selected.
- 3. Repeat steps 1. and 2. for all seca patient files to be exported.

#### NOTE:

If you want to export all the seca patient files, use the **select all** function.

4. In the **File** menu, click on **Export**. The export window appears.

🗌 Fat mass	Total body water
☐ Fat-free mass	Extracellular water
Body composition chart	Intracellular water
Skeletal muscle mass	□ Hydration
] вмі	Resting energy expenditure
Height	Total energy expenditure
□ Weight	Energy stored in body
Raw data for impedance left arm	10-year risk of coronary heart disease
Raw data for impedance right arm	Metabolic syndrome
Raw data for impedance left leg	Waist circumference
Raw data for impedance right leg Raw data for impedance left half of body Raw data for impedance right half of body	<ul> <li>Phase angle</li> <li>Bioelectric impedance vector analysis</li> </ul>
Raw data for impedance Torso	

- 5. Select the parameters you want to export.
- To confirm the settings, click ok.
   The Save as dialog window appears.



- 7. Select the directory to which you want to export the patient data.
- 8. Click on save.

The data is exported.

#### NOTE:

If an interface to your PDMS is configured, then weight and height, as well as a PDF document with all the measured results and evaluations, will be exported to the PDMS automatically. If you are uncertain of whether an interface has been configured, please contact your administrator.

## Deleting individual seca patient files

You can delete seca patient files both in the main patient list and in the patient list of the USB memory stick. To do so, proceed as outlined below.

1. Select the seca patient file to be deleted (in this case, in the main patient list).

	r mnaly patentinst							
create			open send to mBCA				Enter search term	Þ
	ID	Name	First name		Date of birth	Gender	Last measurement	Status
	seca_201	Domenico	Federico		05.09.1989	S	20.06.2012	new
	seca_201	Knudsen	Nikolaj		04.06.1976	S	20.06.2012	new
	seca_201	Lacroix	Stephanie		12.09.1978	Ŷ	20.06.2012	new
	seca_201	Prenzlow	Pia		05.09.2003	Ŷ	20.06.2012	new
	seca_201	Prenzlow	Phillipp		01.04.1978	δ	20.06.2012	new
42	seca_201	Scott	Catherine		19.09.1978	Ŷ	20.06.2012	new
	seca_201	Scott	John		03.09.1978	δ	20.06.2012	new
	seca_201	Van Aelst	Sanne		06.09.1999	Ŷ	20.06.2012	new

2.	Click the appropriate checkbox.
	A cross appears in the checkbox
	The seca patient file is selected.

- 3. Repeat steps 1. and 2. for all seca patient files to be deleted.
- 4. Click on delete.

The seca patient file is deleted.

#### ATTENTION!

#### Loss of data

If you delete data on the USB memory stick, you cannot restore them.

Before deleting data on the USB memory stick, make sure that the data have been imported into the main patient list (see "Importing seca patient files from the USB memory stick" on page 32).

#### NOTE:

If you have inadvertently deleted data in the main patient list, your administrator can restore the data using the **Restore patient data** function. The entire patient data set will be restored. Entries and measurements which have not been saved will be lost.

#### Deleting all seca patient files

You can delete seca patient files both in the main patient list and in the patient list of the USB memory stick. To do so, proceed as outlined below.

1. Click on **select all** (in this case, in the main patient list).

create	open send to mBCA	send to mBCA		Enter search term	
ID Name	First name	Date of birth	Gender	Last measurement	Status
seca_201 Domenico	Federico	05.09.1989	δ	20.06.2012	new
seca_201 Knudsen	Nikolaj	04.06.1976	S	20.06.2012	new
seca_201 Lacroix	Stephanie	12.09.1978	Ŷ	20.06.2012	new
seca_201 Prenzlow	Pia	05.09.2003	Ŷ	20.06.2012	new
seca_201 Prenzlow	Phillipp	01.04.1978	3	20.06.2012	new
seca_201 Scott	Catherine	19.09.1978	Ŷ	20.06.2012	new
seca_201 Scott	John	03.09.1978	8	20.06.2012	new
seca_201 Van Aelst	Sanne	06.09.1999	Ŷ	20.06.2012	new
copy to USB stick	delete select all	R			

#### NOTE:

If you want to undo the selection, click on **dese-**lect all.

2. Click on delete.

All seca patient files are deleted.

#### ATTENTION!

#### Loss of data

If you delete data on the USB memory stick, you cannot restore them.

Before deleting data on the USB memory stick, make sure that the data have been imported into the main patient list (see "Importing seca patient files from the USB memory stick" on page 32).

#### NOTE:

If you have inadvertently deleted data in the main patient list, your administrator can restore the data using the **Restore patient data** function. The entire patient data set will be restored. Entries and measurements which have not been saved will be lost.
# 5.4 Working with the seca patient file

# Opening the seca patient file

1. Click on the checkbox of the seca patient file you want to open.

A cross appears in the checkbox. The seca patient file is selected.

				Primary patient I	ist
create		open		send to mBCA	
ID	Name		First nate		Date c
seca_201	Domenico		Federico		05.09.1
seca_201	Knudsen		Nikolaj		04.06.1
seca_201	Lacroix		Stephanie		12.09.1
seca_201	Prenzlow		Pia		05.09.2
seca_201	Prenzlow		Phillipp		01.04.1
201	Cooli		Cathorino		10.00.1

2. Click on **open** or double-click on the entry in the seca patient list.

The seca patient file opens.

# Editing patient data When

ta When you have opened an existing seca patient file, the following fields are filled in as a minimum:

- date of birth
- gender
- ethnicity
- patient ID
- attending physician

You can change and add to patient data at any time.

- Open a seca patient file (see "Opening the seca patient file" on page 37). The **patient data** tab is active.
- 2. Select the tab on which you would like to change data.

		Pationtfile			SPO
		Fatientille			
					close
aight					17.12.2014 18.46
patient data	medical history	laboratory data	examination results	comments	
eneral patient data	(updated on 17.12.2014)				
Name			Contact		
Title:			Street		
Name:	Müller		House no.:		
First name:	Max V		Postcode:		
Name suffix:		•	Town:		
General data			County:		
Date of birth:	08.09.1962 *		Country: Germany		•
Gender:	Male * *		E-mail:		
Ethnicity:	Caucasian • *		Telephone 1:	Private	•
0			Telephone 2:	Private	-
Patient ID:	seca_20141217-064614-125		Telephone 3:	Private	-
Supervising doctor:	dr. madiba	•	Comments		

- 3. Change or add to the patient data where necessary:
  - supplement data manually.
  - mark entries and use the Cut, Copy and Paste functions. These functions are accessible via the Edit menu element or by rightclicking on the context menu.



- 4. Click on save.
- 5. To close the seca patient file, click **close**. The seca patient list is shown again.

# Entering a medical history

On the **medical history** tab, you can enter previous illnesses or therapies already started. This information is included in the evaluation of the measured results (see "Assessing the examination results" on page 47). 1. Click on **medical history**.

The **medical history** tab is active.

-lie Edit Extras	?		
			Patient file
Müller Max			
Weight:	Height:	BMI:	
patient data		medical history	laboratory data

2. Click on the checkboxes for the relevant previous illnesses and therapies.

A cross appears in the corresponding checkboxes.

S seca analytics 115							×
File Edit Extras ?					dr.	madiba (Doctor) Log	out
	Patient file					sec	а
		measure	import	print	save	close	
Prenziow Phillipp O ULU4.1978 7 Caucastan						17.12.2014	
weight, 98.80 kg Height, 1,800 m DHL 28.30 kg/m-					_		
patient data medical history	laboratory data	examina	ation results		comments		
Medical history (updated on - )							
Smaker							
7							
Heart disease or heart defect							
History of heart attack in the family							
□ Type 1 diabetes							
Type 2 diabetes							
Treatment for elevated triglycerides							
Treatment for reduced HDI							
□ Treatment for hypertension							
					cancelse	lection	

3. Click on **save**.

# NOTE:

Use **Cancel selection** to undo the entire selection. Then click on **save** again.

# Entering laboratory data

In the **laboratory data** tab, you can enter the patient's current laboratory data and waist circumference and track the history.

If an interface to your patient data management system (PDMS) has been configured for this program, patient and laboratory data can be transferred from the PDMS.

#### NOTE:

If you are uncertain of whether an interface has been configured, please contact your administrator.

To enter laboratory data manually, proceed as outlined below.

1. Click on laboratory data.

The laboratory data tab is active.

seca ar	nalytics 115		
File E	dit Extras	?	
			Patient file
Prenz	low Phillip		
Weight:	98.80 kg	Height: <b>1.860 m</b> BMI: <b>28.56 kg/m²</b>	
	patient data	medical history	laboratory data
Medic	al history (u	dated on 17.12.2014)	

- 2. Click in a value field.
- 3. Enter the value.

S seca analytics 115	
File Edit Extras ? dr. m	adiba (Doctor) Log out
Patient file	seca
Prenzlow Phillipp of 01.04.1978 / Caucasian measure import print save	close
Weight: 98.80 kg Height: 1.860 m BMI: 28.56 kg/m²	18:48
patient data medical history laboratory data examination results comments	
Laboratory data (17.12.2014)	
LDL cholesterol: 120 mg/dl mmol/l	
HDL cholesterol: mg/dl mmol/l	
Total cholesterol: mg/di mmol/i >>>	
Triglycerides: mg/dl mmol/l >>	
Fasting glucose: mg/dl mmol/	

## NOTE:

You can specify the value in mg/dl or in mmol/l. The conversion to the other value takes place automatically as soon as you click on the empty field.

seca analytics 115		
File Edit Extras ?	dr. mad	iba [Doctor] Log out
	Patient file	seca
Prenzlow Phillipp d	01.04.1978 / Caucarian measure import print save	close
Weight 98.80 kg Height	1.860 m BMI: 28.56 kg/m² 1	18:48
patient data	medical history laboratory data examination results comments	
Laboratory data (17.12.2014)	)	
LDL cholesterol: 120	mg/dl 3.10 mmol/l >>>	
HDL cholesterol:	) mg/di 🖂 mmol/i ≫	
Total cholesterol:	mg/dl mmol/l >>>	
Triglycerides:	mg/dl mmol/l >>	
Fasting glucose:	mg/dl mmol/l >>	

- 4. Repeat steps 2. and 3. for all values you want to enter.
- 5. Click on save.

# Viewing history for individual values

You can view the history for individual values. To do so, proceed as outlined below.

1. Click on the » symbol next to the desired value.

e Eo	lit Extras ?										dr. m	adiba (Doctor	] Log
						F	Patient file						sec
- renz	low Phillipp	ð	01.	04.1978 /	Caucasian			me	asure import	print	save	close	
	98.80 kg		1.860 m		28.56 kg/m							17.12.2014 18:49	
	patient data	$\square$	medi	cal history		labora	atory data		examination resul	ts C	omments	$\supset$	
abora	tonu data (17	10.0014											
	itory uata (17.	12.2014)											
	itory data (17.	12.2014)	<u></u>		_								
L	.DL cholesterol:	138	) mg/dl	3.57	) mmol/l	<<		History					
L F	DL cholesterol:	138	) mg/dl ) mg/dl	3.57	mmol/l	« »		History Date	Time	Value in mg/dl	Value in mm	01/7	
L F	DL cholesterol:	138 38	) mg/dl ) mg/dl	3.57	mmol/l mmol/l	~~		History Date 17.12.2014	Time 18:48:58	Value in mg/dl 138	Value in mm 3.57	οιл	
L F T	DL cholesterol: IDL cholesterol: total cholesterol:	138 38 167	) mg/dl ) mg/dl ) mg/dl	3.57 0.98 4.32	mmol/l mmol/l mmol/l	« »		History Date 17.12.2014 17.12.2014	Time 18:48:58 18:48:35	Value in mg/dl 138 120	Value in mm 3.57 3.10	ol/ī	
L F T	DL cholesterol: DL cholesterol: total cholesterol: Triglycerides:	138 38 167 112	) mg/dl ) mg/dl ) mg/dl ) mg/dl	3.57 0.98 4.32 1.26	mmol/l mmol/l mmol/l mmol/l	« » »		Histony Date (17.12.2014 17.12.2014	Time 18:48:58 18:48:35	Value in mg/dl 138 120	Value in mm 3.57 3.10		

The history field for that value opens.

- 2. To close the history view, click «.
- 3. To return to the seca patient list, click **close**.

History			
Date	Time	Value in	mg/dl Value in
17.12.2014	18:49:23	138	3.57
17.12.2014	18:48:58	138	delete
17.12.2014	18:48:35	120	3.10

# Determining weight and height

Deleting values in the history field

You can delete individual values in the history field. To do so, proceed as outlined below.

- Right-click on the value you want to delete. The **delete** button appears.
- 2. Left-click on the **delete** button. The value is deleted
- 3. To return to the seca patient list, click **close**.

To determine a patient's weight and height, proceed as outlined below.

- 1. Open the seca patient file (see "Opening the seca patient file" on page 37) or create a seca patient file if necessary (see "Creating a new seca patient file" on page 27).
- 2. In the title bar of the seca patient file, click on **measure**.



The **Measuring device selection** dialog window appears.

Measuring device selec	tion		
weight:	Manual		
Height:	Manual	•	measure
3ody composition	mBCA		send patient file

3. In the **Weight** and **Height** lines, click on the devices you want to use to perform the measurement.

# ATTENTION!

# Incorrect measurement if incorrect device selected

If the incorrect device is selected, measured results may be assigned to an incorrect patient or no measurement may be performed at all.

- Use the name of each device to check you have selected the right devices.
- For selecting devices logged on to the same USB wireless adapter: make sure that the selected measuring devices are logged on to the same wireless group.
- If devices in the network have to be renamed or the configuration of wireless groups changed, contact your administrator.

#### NOTE:

Select the **Manual** setting if your scales and stadiometers are not networked with the PC. In the next dialog window, you can then enter the measured values directly.

4. In the **Measuring device selection** dialog window, click on **measure**.

Weight:	Personenwaage	•	
leight:	Langenmessgerat	•	measure

The Measured values dialog window appears.

The selected measuring devices are displayed next to the corresponding value windows.

Measured values		
Weight (kg) Height (m)	80	seca 285, Raum 1 seca 285, Raum 1
Please enter the pati	ent's waist circumference to det	termine cardiometabolic risk:
Waist circumf. (m		
Please enter the pati expenditure:	ent's activity level (PAL) to deter	mine total energy
PAL		D
	ok	cancel

- 5. Perform the measurements as described in the instructions for use for the selected devices.
- 6. Ensure that the measured values are shown in the **Measured values** dialog window:
  - If you are using seca 360° devices on which automatic data transmission is activated, the measured values are automatically sent to the PC.
  - If you are using seca 360° devices on which automatic data transmission is not activated or is not provided, press the Enter key (Send/ print) on the measuring devices to send the measured values to the PC.
  - If you are working with scales which are connected to the PC via RS232 interface, the measured values are transmitted to the PC automatically.
  - If your scales and stadiometers are not networked with the PC, enter the measured values manually.

#### NOTE:

- If you are unsure whether automatic data transmission is activated or available on your seca 360° devices, contact your administrator.
- Regardless of the setting on the measuring devices, measured values will be displayed in the units preset for the **seca 115** PC software.
- If you want to assess the patient's cardiometabolic risk, enter the Waist circumference in the Measured values dialog window.

Measured valu	88			
Weight (kg) Height (m)	80	seca 285, Raum 1 seca 285, Raum 1		
Please enter the p	patient's waist circumference to	determine cardiometabolic risk:		
Waist circumf.	(m) 0.9			
Please enter the patient's activity level (PAL) to determine total energy expenditure:				
PAL	1.7	?		
	ok	cancel		

 If you want to determine the patient's total energy expenditure (TEE), enter the patient's **Physical Activity Level (PAL)** in the **Measured values** dialog window.

#### NOTE:

- If you do not enter waist circumference and PAL, the following modules will not be displayed in the examination results tab: Cardiometabolic risk, Energy.
- If waist circumference is not yet available, you have the option of entering waist circumference in the **laboratory data** tab later. This must be done the same day as the weight and height measurement (see "Entering laboratory data" on page 40).
- If you click on the ? symbol next to the Physical Activity Level (PAL) line, a table of PAL values appears. If you click on a value, it will be adopted in the Measured values window.

Please ent expenditur	ter the patient's activity level (PAL) to determine total energy re:
PAL	1.6 ?
	ok cancel
PAL	Activity
≤ 1.2	almost exclusively lying down
1.4	almost exclusively sitting down
1.6	mainly sitting, occasionally standing
1.8	primarily standing or walking
≥ 2.0	physically <b>demanding</b>
	cancel

9. In the measured values window, click on ok.
The measuring procedure is complete.
The examination results tab is active.
The results of the examination can be evaluated.

# Determining body composition with a seca mBCA

If you would like to determine a patient's body composition using a seca mBCA (bioimpedance measurement), you can send an open seca patient file to the desired seca mBCA. To do so, proceed as outlined below.

#### NOTE:

This function is only available if you have an Ethernet network connection available.

- 1. Ensure that the desired seca mBCA is switched on.
- 2. Open the seca patient file (see "Opening the seca patient file" on page 37) or create a seca patient file if necessary (see "Creating a new seca patient file" on page 27).
- 3. In the title bar of the seca patient file, click on **measure**.



The **Measuring device selection** dialog window appears.

Weight	htanual	•	
weight	( Manual		
11-:	Manual	•	measure
neight.	( Manual		
Body composition	mBCA		send patient file

- 4. In the **Measuring device selection** dialog window, select the desired seca mBCA in the **Body composition** line.
- 5. In the **Measuring device selection** dialog window, click on **Send patient file**.

Measuring device selec	tion		
Weight:	Manual	•	
Height:	Manual	•	measure
Body composition	mBCA	<b></b>	send patient file
			cancel

The seca patient file is passed to the selected seca mBCA where it appears in the **patient** tab.

- 6. Perform the bioimpedance measurement as described in the "Instructions for Use for Physicians and Assistants" for the seca mBCA.
- Save the bioimpedance measurement on the seca mBCA as described in the "Instructions for Use for Physicians and Assistants" for the seca mBCA.

The seca patient file in the **seca 115** PC software is updated automatically.

The results can be assessed in the **examination** results tab of the **seca 115** PC software.

Assessing the examination results On the examination results tab, you can view the evaluations of all measurements performed for the patient. In addition to weight and height, the evaluation also includes waist circumference and physical activity level, as well as medical history and laboratory data. If the values for a bioimpedance measurement are available, these are also taken into account. The results are displayed in evaluation modules.

# Operation • 47

# NOTE:

This section describes how to use the **seca 115** PC software For basic information about the medical content of the evaluation modules, see the section entitled "Medical basis" from page 60.

The following evaluation modules can be considered if weight, height, PAL and waist circumference are available for a patient.

- Cardiometabolic risk
- Development/growth
- Energy

The following evaluation modules can be considered in addition if data from a bioimpedance measurement are available:

- Function/rehabilitation
- Fluid
- Health risk
- Raw data for impedance

The principles behind bioimpedance measurement can be found in the "Medical basis" section of the "Instructions for Use for Physicians and Assistants" for the seca mBCA.

On the **examination results** tab you can also view the results for **User-specific modules**.

# **Viewing examination results**

To view the evaluation modules, proceed as outlined below.

1. Click on examination results.

The examination results tab is active.

				dr. ma
Patient file				
/ Caucasian 28.56 kg/m²	measure	import	print	save
y laboratory data	examina	ation results	2	comments

2. Click on the module you want displayed.

	Cardiometabolic risk
Dev	velopment/growth
	Energy
Fund	tion (rebabilitation

3. Click on the measurement you want displayed.



The evaluation of the measurement is displayed. For some evaluations, a graphical display is provided.

S seca analytics 115			
File Edit Extras ?		dr. madiba [Doctor] 🛛 🖡	Log out
	Patient file	S	eca
Prenzlow Phillipp		re close	
Weight: 95.00 kg Height	ht: 1.800 m BMI: 29.32 kg/m²	18:53	
patient data(	medical history laboratory data examination results comment	2	
Cardiometabolic risk	Results of examination dated 19.12.2014 18:53		
Development/growth	Body Mass Index	-	
Energy	29.32 kg/m <sup>2</sup>		
Function / rehabilitation	≥ Height (m)		
Fluid	Visceral adipose tissue (VAT)		
Health risk	No calculation possible. Please perform bioimpedance measurement.		
Raw data for impedance			
Measurements	Metabolic syndrome	۵	
19.12.2014 18.12.2014	Based on the examination data of 19.12.2014, metabolic syndrome is not present.		
17.12.2014 20.06.2012			
	10-year risk of coronary heart disease	-	
	4 %		
		filson et al. 1998	

## Adding a comment to an evaluation parameter

You can add a comment to every evaluation parameter shown.

1. Right-click in a results graph. A context menu appears.

Body Mass Index			9
29.32 kg/m²	Display comments	and the	
	New comment	Mei	
	4	Height (m)	

#### 2. Click on **New comment**.

The comments window opens.

Author: dr. madiba	
Date compiled: 19.12.2014	
<u></u>	
	ok cancel

The date and time are entered automatically.

- 3. Enter a subject.
- 4. Enter your comment in the comments field.
- 5. Click on **ok** in the comments field. The comments field closes.
- The comment symbol appears in the results graph.

P

#### Viewing comments on an evaluation parameter



If the comment symbol is shown in the results graph of an evaluation parameter, there is at least one comment.

1. Right-click in a results graph. A context menu appears.

Body Mass Index 29.32 kg/m <sup>2</sup> Display comments New comment	Denneget Height (m)
---	------------------------

# 2. Click on **Display comments**. The comments list opens.

Body Mass Index				
Measurement from:	Date compiled:	Author:	Comment	
19.12.2014	19.12.2014 18:54:01	dr. madiba	Kommentar 2 Kommentar 2	
19.12.2014	19.12.2014 18:54:00	dr. madiba	Kommentar 1 Kommentar 1	
			close	

All the comments on that evaluation parameter are displayed.

3. To exit the comments list, click on **close**.

#### **Deleting comments on evaluation parameters**

You can delete comments on the evaluation parameters.

- 1. Open the comments list as described in the section entitled "Viewing comments on an evaluation parameter" on page 51.
- 2. Right-click on the comment you want to delete.

Body Mass Index					
Measurement from:	Date compiled:	Author:	Comment:		
19.12.2014	19.12.2014 18:54:01	dr. madiba	Kommentar 2 Kommentar 2		
19.12.2014 19.12.2014 19.54.00 delete dr. madba Kommentar 1					
2					

The **delete** button appears.

3. Click on the **delete** button. The measurement is deleted.

# **Displaying results graphs enlarged**



The results graphs can be displayed enlarged if the window symbol appears in the graph. The enlarged displays contain additional details which enable you to assess your patient's state of health better.

1. Click on a graph to have it displayed enlarged and with details (in this case, BMI).



2. Click on the graph again to shrink it back to its original size.

# NOTE:

If you position the mouse pointer on a measurement point in the graph, the associated measured values will be displayed.



# Viewing the history

You can view a patient's history by selecting several measurements. Measured results and evaluations are then displayed in progression graphs.

### NOTE:

This function is not available in the **Cardiometabolic risk** and **Raw data for impedance** modules, as in these modules, a progression display is not relevant for assessing a patient's state of health.

Proceed as outlined below to select measurements for the history.

- 1. Click on the **examination results** tab.
- 2. Click on the module you want displayed. The module is displayed in a selection bar.
- Click on a measurement you wish to select. The measurement is displayed on a selection bar.
- 4. While holding down the left mouse button, drag the selection bar across all the other measurements you want to view as a history (in this case, left handle upwards).

The individual parameters of the module will be displayed as progression graphs.



Measurements	
19.12.2014	
18.12.2014	
17.1 2014	-
20.06.2012	

Mea	surements	
73	19.12.2014 18.12.2014	
	17.12.2014	
	20.06.2012	_

S seca analytics 115	
File Edit Extras 7	dr. madiba Wooton 1 Log out Patient file Secca
Prenzlow Phillipp Weight 95.00 kg Heigh	Of         01.04.1978 / Caucasian         measure         import         print         save         close           nt         1.800 m         BMI:         29.32 kg/m²         1912.2014         1954
patient data	medical history laboratory data examination results comments
Cardiometabolic risk	Results of examination dated 17.12.2014 18:53 to 19.12.2014 18:53
Development / growth     Energy     Function / rehabilitation	Weightinka 95.00 kg
Fluid Health risk Raw data for impedance	Heightin m 1.800 m
Measurements 1912.2014 18.12.2014 17.12.2014 20.06.2012	Dody Mass Index in kg/m² 29.32 kg/m²

5. Click on a graph to have it displayed enlarged and with details (in this case, BMI).



6. Click on the graph again to shrink it back to its original size.

# Using the therapy planner (Energy module only)

If the patient's resting energy expenditure and total energy expenditure are known, you can calculate the recommended daily energy intake for the patient in order to achieve a target weight within a defined time (duration of therapy). The **seca 115** PC software can calculate resting energy expenditure (REE) if the following parameters are entered or have been measured: age, gender, weight and height. Total energy expenditure (TEE) can be calculated if the physical activity level (PAL) has also been entered.

1. In the **Energy** module, click on **Therapy planner**.

Therapy tool		
Treatment objective:	0	BMI in kg/m <sup>2</sup>
Duration of treatment in days:	0	
Recommended energy intake in [kcal/day]:		
		close

- 2. Enter the value and type of the therapy objective.
- Enter the therapy duration in days. The recommended daily energy intake is calculated.

Therapy tool		
Treatment objective:	25	BMI in kg/m <sup>2</sup>
Duration of treatment in days:	60	
Recommended energy intake in [kcal/day]:	-4996	
		close

4. To save settings in the **Therapy planner**, click on **close**.

#### **Deleting measurements**

You can delete individual measurements. To do so, proceed as outlined below.

- 1. Right-click on the measurement you want to delete. The **delete** button appears.
- 2. Left-click on the **delete** button. The measurement is deleted.



# Writing comments

On the **comments** tab, you can add comments to the seca patient file.

# 1. Click on **comments**.

				dr. r	nadiba [Doct
Patient file					
	measure	import	print	save	close
					17.12.2014 18:50
laboratory data	examin	ation results		omments	$\bigcirc$

The **comments** tab is active.

S seca analytics 115			×
File Edit Extras ?		dr. madiba (Doctor) Log o	ut
	Patient file	sec	а
	measure	import print save close	
Visite on one lister tions phile	Laucasian	17.12.2014 18.47	
patient data medical history	laboratory data exam	ination results comments	
Comments (updated on 17.12.2014)			
Data secola d	Laure -		
Date compiled 17.12.2014 18:47:25	dr. madiba	Untersuchungsergebnisse	
		write comment	

# 2. Click on Writing comments.

The comments window opens.

n von 5kg empfohlen.		
	n von 5kg empfohlen.	1 von 5kg empfohlen.

The date and time are entered automatically.

#### NOTE:

Comments can be neither deleted nor subsequently edited in the **comments** tab.

- 3. Enter a **subject**.
- 4. Enter your comment in the comments field.
- Click on ok in the comments field. The comments field closes. The comment appears as the top entry in the

comments list.

# 5.5 Managing a seca patient file

# Printing a seca patient file

In the **print** dialog, you can save all the results of a measurement in the form of a PDF file. You can print out the PDF file using a PDF viewer such as Adobe Reader.

#### NOTE:

If you do not have a PDF viewer installed on your computer, contact your administrator.

- 1. Open the seca patient file.
- 2. In the seca patient file, click on **print**. The **print** dialog window appears.



Pr	int
with patient text	🗌 as a table
ok )	cancel

- 3. Specify the scope of the printout:
  - no selection: results graphs for all parameters without further explanations
  - **patient**: results graphs for all parameters with explanations for the patient
  - table: all parameters in tabular form
- 4. Click on **ok** to save the evaluation in the form of a PDF file.

The PDF file created is automatically displayed in the PDF viewer.

5. Use the print dialog of the PDF viewer to print out the PDF file.

Importing a patient file If an interface to your patient data management system (PDMS) has been configured for the seca 115 PC software, you can import patient files from the PDMS.

The import will work differently depending on the configuration of the interface. As an example, the import may run as described in this section.

# NOTE:

If you are uncertain of whether an interface has been configured and how the import works on your system, please contact your administrator.

1. In the seca patient list, click on  $\ensuremath{\textit{new}}.$ 

An empty seca patient file appears.

The **patient data** tab is active.

Edit Extras ?			dr. madiba (Doc	tor] Log
	Patient file			se
		measure import prin	nt save close	
			17.12.201 18.46	4
patient data medical history	laboratory data	examination results	comments	
eneral patient data (updated on - )				
Name		Contact		
Title:		Street:		
Name:		House no.:		
First name:		Postcode:		
Name suffix:	*	Town:		
General data		County:		
Date of birth: 📃 🔹		Country: Germany	•	
Gender: Male 🔹	•	E-mail:		
Ethnicity: Caucasian	•	Telephone 1:	Private *	
		Telephone 2:	Private •	
Specific data		Telephone 3:	Private •	
Patient ID:				
Supervising doctor: dr. madiba	- *	Comments		
			×)	

2. In the **Patient ID** field, enter the ID under which the patient file is managed in your PDMS.

import		
	2	
h	2	

3. Click on **import**. The patient data are imported.

# 6. MEDICAL BASIS

This section briefly describes the content of the preset evaluation modules in this **seca 115** PC software, together with their medical objectives. The references on which the evaluations are based will also be introduced.

For additional information, we refer you to the appropriate professional literature.

# 6.1 Evaluation modules

The evaluation modules described below are preset in this **seca 115** PC software and will assist you in assessing your patients' state of health.

For information about how to access the evaluation modules and navigate within them, see "Assessing the examination results" from page 47.

The following evaluation modules can be considered if weight, height, PAL and waist circumference are available for a patient.

- Cardiometabolic risk
- Development/growth
- Energy

The following evaluation modules can be considered in addition if data from a bioimpedance analysis are available for the patient:

- Function/rehabilitation
- Fluid
- Health risk
- Raw data for impedance

The principles behind bioimpedance analysis can be found in the "Medical basis" section of the "Instructions for Use for Physicians and Assistants" for the seca mBCA.

# Cardiometabolic risk

This module indicates whether metabolic syndrome is present and the level of the 10-year risk for coronary heart disease.

# NOTE:

The **Cardiometabolic risk** module is only available if a seca patient file has been created for a patient and the laboratory data and waist circumference have been entered no later than the day weight and height were measured (see "Entering laboratory data" on page 40).

No bioimpedance analysis is required for this module. The following parameters are displayed:

- body mass index (BMI)
- waist circumference (WC)
- metabolic syndrome (MSX)
- 10-year risk for coronary heart disease

S seca analytics 115			
File Edit Extras ?		dr. madiba [Doctor]	Log out
	Patient file		seca
Prenzlow Phillipp		measure import print save close	
Weight 95.00 kg Heig	nt: 1.800 m BMI: 29.32 kg/m²	1853	
patient data	medical history laboratory data	examination results comments	
Cardiometabolic risk	Results of examination dated 19.12.2014 18:53		
Development/growth Energy Function/rehabilitation	Body Mass Index 29.32 kg/m²	(C) Heght (m)	
Fluid Health risk Raw data for impedance	Visceral adipose tissue (VAT) No calculation possible. Please perform bioimpedance measurement.		
Measurements	Metabolic syndrome Based on the examination data of 19.12.2014, metabolic syndrome is not present.		
	10-year risk of coronary heart disease 4 %	Wilson et al. 1998	

Detail views are available for the following parameters:



# Detail view, body mass index

# Detail view, visceral adipose tissue (VAT)



# Detail view, metabolic syndrome



# Detail view, 10-year risk of coronary heart disease for the age group 30-74 years



# **Development/growth** This module indicates both the weight and height of a person and automatically calculates the BMI. This allows weight changes to be monitored in both children and adults.

In children, this module assists with regular checks to assess growth and development.

No bioimpedance analysis is required for this module. The following parameters are displayed:

- weight
- height
- body mass index (BMI)

eca analytics 115			- C
e Eart Exces	Patient file	u. n	Sec
	<b>л</b>	measure import print save	close
Prenzlow Phillipp √eight 95.00 kg Heigh	O U1.U4.19/8 / Laucasian		19.12.2014 18:53
patient data	medical history laboratory data	examination results comments	
Cardiometabolic risk	Results of examination dated 19.12.2014 18:53		
<ul> <li>Development / growth</li> </ul>	Weight		
Energy	95.00 kg		
Function / rehabilitation			
Fluid			$ \rightarrow $
Health risk	Height 1.800 m		
Raw data for impedance			
Measurements	Body Mass Index		
19.12.2014	29.32 kg/m²	Dur (Kg)	
17.12.2014		Height (m)	
20.06.2012	<u></u>	riegin (n)	



A detail view is available for the BMI:

**Energy** The aim of this module is to determine a person's energy expenditure and energy reserves. The following parameters are displayed:

- fat mass (FM)
- fat mass index (FMI)
- energy stored in the body (E<sub>body</sub>)
- resting energy expenditure (REE)
- total energy expenditure (TEE)

The parameter resting energy expenditure (REE) is available without bioimpedance analysis. REE is determined with the aid of the parameters height and weight, and with the aid of automatic BMI calculation.

For all other parameters in this module, a bioimpedance analysis is required in addition to height and weight.

seca analytics 115		
File Edit Extras ?	dr. madiba (Doctor	Seca
Prenzlo <del>w</del> Phillipp	đ         01.04.1978 / Caucasian         measure         import         print         save         close           17.12.2014         17.12.20	
Weight: 98.80 kg Heig	nt 1.860 m BMI: 28.56 kg/m² 18.52	
patient data	medical history laboratory data examination results comments	
Cardiometabolic risk Development/growth Energy Function / rehabilitation Fluid Health risk Raw data for impedance	Height (m)       Fat mass       FM     20.3 kg       FM%     20.6 %       FMI     5.9 kg/m²       Height (m)	
Measurements 20.06.2012	Total energy expenditure 3198 kcal/ day	
	Resting energy expenditure 1993 kcal/day	

A detail view and a therapy planner are available for this module:



Fat mass

### Therapy planner

The **Energy** module serves as a basis for dietary advice. The therapy planner of the module assists you in this. You can use the therapy planner to specify the following values:

- treatment objective: weight change or BMI change
- duration of treatment in days

From these values, the planner calculates recommended daily energy intake.

Therapy tool		
Treatment objective:	25	BMI in kg/m² 🔻
Duration of treatment in days:	60	
Recommended energy intake in [kcal/day]:	-4996	
		close

No detail views are available in this module.

# Function/rehabilitation

This module is for determining a person's level of fitness. This allows the success of a training regime to be assessed.

The parameters height and weight, as well as a bioimpedance analysis, are required for this module. The following parameters are displayed:

- fat-free mass (FFM)
- fat mass (FM) in kg
- fat mass (FM) in %
- fat mass index (FMI)
- fat-free mass index (FFMI)
- skeletal muscle mass (SMM)

S seca analytics 115			
File Edit Extras ?		dr. n	nadiba (Doctor) Log out
	Patient file		seca
Prenzlow Phillipp	ð 01.04.1978 / Caucasian	measure import print save	close
Weight: <b>98.80 kg</b> Heigh	ic 1.860 m BMI: 28.56 kg/m²		17.12.2014 18.52
patient data	medical history laboratory data	examination results comments	
Cardiometabolic risk	Results of examination dated 20.06.2012 16:34		
Development/growth	Fat-free mass		
Energy	FFM 78.5 kg FFM% 79.4 %		
<ul> <li>Function / rehabilitation</li> </ul>			
Fluid	Fatmass		
Health risk	FM 20.3 kg	ass (kg)	
Raw data for impedance	FMI 5.9 kg/m²	E To Height (m)	
Measurements	Body composition chart	Z (FMI)	
20.06.2012	FFMI 22.7 kg/m² FMI 5.9 kg/m²	2 (FFMI)	
	Skeletal musde mass SMM 40.4 kg SMM% 40.9 %	40.4 1	

The following detail views are available for this module:



## Display of normal fat mass range for adults

Skeletal muscle mass



For this parameter, you can have the following additional information displayed for each part of the body:

- skeletal muscle mass (SMM) in kg
- skeletal muscle mass (SMM) in percent
- height and gender as a reference for the limit values
   used
- 1. Click on the drop-down menu The drop-down menu opens.



2. Click on the desired part of the body.



The additional information for the selected part of the body is displayed.



# Body composition chart (mass indices)

Fluid 1

This module allows a person's fluids status to be determined.

The parameters height and weight, as well as a bioimpedance analysis, are required for this module. The following parameters are displayed:

- total body water (TBW)
- extracellular water (ECW)
- hydration (HYD);
   HYD = (100 x ECW) / (TBW-ECW) [%]
- bioimpedance vector analysis (BIVA)

eca analytics 115		
e Edit Extras ?	dr. madiba [Doctor]	Log
	Patient file	e
Prenzlow Phillipp ( Veight: 98.80 kg Height:	O1.04.1979         / Caucation         measure         import         print         save         close           17.12.2014         17.12.2014         18.52         18.	
patient data	medical history laboratory data examination results comments	
Cardiometabolic risk	Results of examination dated 20.06.2012 16:34	
Development/growth Energy	Total bodywater 5621 50 %	
Function / rehabilitation	× 60	
Health risk	Extracellular water 22.9 I	
Raw data for impedance		
Measurements	Hydration HYD = TBW / ECW = 22.91 / 35.31 = 65.0 %	
	Bioelectric impedance vector analysis         Z (xcAH)           R (50 bHz)         455.6 Q           Xc (50 kHz)         52.9 Q	

The following detail view is available for this module:

# **Bioimpedance vector analysis**



**Health risk** The aim of this module is to provide an overview of body composition and to compare the results with values for healthy people. A body composition which deviates from the normal range is an indicator which can be used to assess the risk to health. The goal is to determine the general state of health or, in the case of a previously known disease, assess its severity.

The parameters height and weight, as well as a bioimpedance analysis, are required for this module. The following parameters are displayed:

- phase angle (φ)
- visceral adipose tissue (VAT)
- bioimpedance vector analysis (BIVA)
- fat mass index (FMI)
- fat-free mass index (FFMI)

e Edit Extras r		dr. madiba	[Doctor] Log
	Patientfile		se
Desealow Dhillion	<b>Å</b> 01.04.1079 / Causarian		lose
/eight: 98.80 kg Heigh	t 1.860 m BMI: 28.56 kg/m <sup>2</sup>	17.12 18.50	2.2014 D
patient data	medical history laboratory data	examination results comments	
Cardiometabolic risk	Results of examination dated 20.06.2012 16:34		
Development/growth	Phase angle		-
Energy Eurotion (rehabilitation		and and a second s	
Fluid		G. Age (years)	
<ul> <li>Health risk</li> </ul>	Visceral adipose tissue (VAT) 3.5		
Raw data for impedance			
		seca 20	114
Measurements 20.06.2012	Bioelectric impedance vector analysis           R (50 kHz)         455.6 Ω           Xc (50 kHz)         52.9 Ω	Z (R/H)	
	Body composition chart           FFMI         22.7 kg/m²           FMI         5.9 kg/m²	2 (FMI)	

The following detail views are available for this module:
English



#### **Bioimpedance vector analysis**



#### Body composition chart (mass indices)

# Raw data for<br/>impedanceThis module shows detailed raw data for resistance (R),<br/>reactance ( $X_c$ ), impedance (Z) and phase angle ( $\phi$ ) for<br/>information purposes.

You can also view impedance (Z), reactance ( $X_c$ ), resistance (R) and phase angle ( $\phi$ ) for individual parts of the body and frequencies.



#### English

### Selecting the part of the body

1. Click on the drop-down menu to select the part of the body.



The drop-down menu opens.

- 2. Click on the desired part of the body.
- 3. The values for the selected part of the body are displayed.

#### **Selecting frequency**

1. Click on the drop-down menu to select the frequency.



The drop-down menu opens.

2. Click on the desired frequency.

#### NOTE:

If the **Raw data for impedance** module on the mBCA was not activated, only four frequencies will be available to choose from.

3. The values for the selected frequency are displayed.

### 6.2 References

Bioimpedance analysis using a seca medical Body Composition Analyzer is scientifically based on clinical studies. The results of the clinical studies are stored as references in the seca mBCA and in the **seca 115** PC software and form the basis for assessing your patients' state of health

For some evaluation parameters (e.g. waist circumference for children), the reference used depends on the patient's ethnicity. The device automatically uses ethnicity-dependent references to suit the corresponding entry in the seca patient file (see "Creating a new seca patient file" on page 27).

Which references you use depends on the country in which you are operating, the regulations applying in your institution and your personal preferences.

For information about how to set the references in this **seca 115** PC software, see "Changing references" from page 18.

The evaluation module in question indicates which clinical study is being used as a reference for determining and assessing an evaluation parameter, e.g. "Peine et al. 2013".



Details about the clinical studies referenced can be found on our website www.seca.com.

# 7. TECHNICAL INFORMATION

# 7.1 Technical modifications

Combination of seca mBCA seca 515/514 (SW version 1.1) and seca 115 (SW version 1.4)				
Downward- compatible?	No			
seca patient database	Existing seca patient database is adopted in the current version of the PC software; no further access is then possible using older versions of the PC software			
New	<ul> <li>Regional settings: "Name format" drop-down menu</li> <li>Enter waist circumference with "Health risk" evaluation module activated (seca mBCA only)</li> <li>Visceral fat (VAT) parameter in the "Health risk" evaluation module</li> <li>Skeletal muscle mass (SMM) parameter in the "Function/ rehabilitation" evaluation module</li> <li>In evaluation modules: comments function for every evaluation parameter</li> <li>Send individual secaseca patient file from the seca 115 PC software to a seca mBCA</li> <li>Initiate a printout of results reports directly on the seca mBCA</li> </ul>			
Modified	Graphical representation: phase angle (φ), bioimpedance vector analysis (BIVA), body composition chart (BCC), total body water (TBW)			
No longer applicable	Lean soft tissue mass (LST) parameter in the "Function/ rehabilitation" evaluation module			

# 7.2 Display of weight values

The **seca 115** PC software displays the weight values it receives only in the unit set in the PC software. If the setting on the transmitting device is different, the weight values will be converted automatically. Details are in the table below.

seca 115 PC	seca device setting	seca 115 display			
software setting		Weight ≤ 20 kg	Weight > 20 kg		
kg	kg		kkk.gg		
	lbs	kkk.ggg			
	sts				
	-	kkk.gg <sup>1)</sup>			
lbs	kg				
	lbs	ppp:oo.o	ppp.p		
	sts				
	-	ppp.p <sup>1)</sup>			
sts	kg				
	lbs	s:pp:oo.o ss:pp.p			
	sts				
	-	ss:pp.p <sup>1)</sup>			

<sup>1)</sup> Manual entry of measured values directly in the PC software **seca 115** 

# 8. WARRANTY

Please note that this PC software is subject to restrictions on the warranty which may arise in conjunction with the license, for example. The warranty restrictions can be called up at www.seca.com.

## Konformitätserklärung Declaration of conformity Certificat de conformité Dichiarazione di conformità Declaratión de conformidad Overensstemmelsesattest

Declaration de conformidad Overensstemmelsesattest Försäkran om överensstämmelse Konformitetserklæring Vaatimuksenmukaisuusvakuutus Verklaring van overeenkomst Declaração de conformidade Δήλωση Συμβατότητας Prohlášení o shodě Vastavusdeklaratsioon Megfelelőségi nyilatkozat Atitikties patvirtinimas Atbilstības apliecinājums Oświadczenie o zgodności Izjava o skladnosti Vyhlásenie o zhode Onay belgesi Die Software The software Le logiciel Il software El software Softwaren Programvaran Programvaren Ohjelmisto De software O software Το λογισμικό Software Tarkvara A szoftver Programinė įranga Programmatūra Oprogramowanie Programska oprema Softvér Yazılımı

# seca 115

D	erfüllt die geltenden Anforderungen folgender Richtlinien: 93/42/EWG über Medizinprodukte.	S	uppfyller gällande krav enligt följande direktiv: 93/42/EEG om medicintekniska produkter. oppfyller gjeldende krav i følgende direktiver:
GB	Directives: 93/42/EEC governing medical devices.	(FIN)	93/42/EØF om medisinske produkter. täyttää seuraavien direktiivien voimassa olevat mää- räykset:
F	satisfait aux exigences en vigueur figurant dans les directives suivantes : 93/42/CEE relatives aux dispositifs médicaux.	(NL)	93/42/ETY lääkinnälliset laitteet. is in overeenstemming met de geldende eisen van de volgende richtlijnen:
	risponde ai requisiti prescritti dalle direttive segu- enti: 93/42/CEE in materia di prodotti medicali.		93/42/EEG betreffende medische hulpmiddelen. cumpre os requisitos essenciais das seguintes
E	cumple las exigencias vigentes de las siguientes directivas: 93/42/CEE sobre oroductos sanitarios.		Directivas: 93/42/CEE relativa a dispositivos médicos: spelnia obowiązujące wymagania następujących
DK	opfylder de grundlæggende krav fra følgende direk- tiver: 93/42/EØE om medicinorodukter		dyrektyw: 93/42/EWG o wyrobach medycznych. izpolnjuje veljavne zahteve naslednjih direktiv:
GR	εκπληρώνει τις ισχύουσες απαιτήσεις των ακόλου- θων οδηγιών: 93/42/EOK περί ιατροτεχνολογικών προϊόντων.	SK	93/42/EGS o medicinskih pripomočkih. spĺňa platné požiadavky nasledujúcich smerníc: smernice 93/42/EHS o medicínskych výrobkoch.
CZ	splňuje platné požadavky těchto směrnic: 93/42/EHS o zdravotnických prostředcích:	TR	aşağıdaki yönergelerin geçerli talimatlarını yerine getirir: tıbbi ürünler hakkında 93/42/AFT yönetmeliği.
EST	vastab järgmiste direktiividega kehtestatud nõuetele: meditsiinitoodete direktiivid 93/42/EMÜ		
HU	teljesíti a következő irányelvek érvényben lévő köve telményeit: 93/42/EGK irányelv az orvostechnikai termékekről.		
(LT)	atitinka tokias galiojančias direktyvas: 93/42/EEB ir medicinos prietaisų.		
	atbilst šādu direktīvu spēkā esošajām prasībām:		

93/42/EEK par medicīnas ierīcēm.

Hamburg: Febuary 2014

Frederik Vogel CEO Developement and Manufacturing seca gmbh & co. kg. Hammer Steindamm 9-25 22089 Hamburg Germany Telefon: +49 40. 20 0 0 00-0 Telefax: +49 40. 20 0 0 00-50 :(j) www.seca.com

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